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hours  
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LeadingAge™  
Kansas

POWER OF  
*Purpose*

# *Resident Care Workshop*

**JUNE 15, 2017**

Meridian Center, 1420 E. Broadway Ct. Newton, KS 67114



# AGENDA

7:30 AM - 8:00 AM	Registration
8:00 AM - 8:50 AM	Person Centered Dementia Care Belinda Vierthaler <b>1.0 RC</b>
8:50 AM - 9:00 AM	Break
9:00 AM - 9:50 AM	Person Centered Dementia Care Continued Belinda Vierthaler <b>1.0 RC</b>
9:50 AM - 10:00 AM	Break
10:00 AM - 10:50 AM	Resident Choice and a Meaningful Life Belinda Vierthaler <b>1.0 RC</b>
10:50 AM - 11:00 AM	Break
11:00 AM - 11:50 AM	Resident Choice and a Meaningful Life Continued Belinda Vierthaler <b>1.0 RC</b>
11:50 AM - 1:00 PM	Lunch (will be provided)
1:00 PM - 1:50 PM	Activities are as Effective as YOU Make Them Linda Kettles <b>1.0 RC</b>
1:50 PM - 2:00 PM	Break
2:00 PM - 2:50 PM	Activities are as Effective as YOU Make Them Continued Linda Kettles <b>1.0 RC</b>
2:50 PM - 3:00 PM	Break
3:00 PM - 4:00 PM	Healthy Living for Your Brain and Body: Tips from the Latest Research Breana Jones <b>1.0 RC</b>
4:00 PM	Adjourn

*Join* **BELINDA VIERTHALER, LMSW, LACHA; LINDA KETTLES, RN AND BREANA JONES, LMSW FOR A DAY FULL OF RESIDENT CARE FOCUSED LEARNING TOWARDS PERSON CENTERED DEMENTIA CARE, RESIDENT CHOICES, EFFECTIVE RESIDENT ACTIVITIES AND UPDATES IN RESEARCH.**

## SESSION DESCRIPTIONS:

### Person Centered Dementia Care | Belinda Vierthaler, LMSW, LACHA

Working with people with dementia is rewarding and challenging. This presentation is designed to describe how to create an environment where people with dementia and the people working with them can thrive. There will also be an interactive discussion of how to individualize care for people with dementia.

### Resident Choice and A Meaningful Life | Belinda Vierthaler, LMSW, LACHA

No matter where you are on your person centered care journey, this presentation is for you. Discover how to honor resident choice in regards to schedules, bathing, dining, and living a meaningful life with real life examples and success stories. Resident choice and meaningful life are two of the domains for the PEAK 2.0 program in Kansas.

### Activities Are as Effective as YOU Make Them | Linda Kettles, RN

Does your community's activity calendar look much the same as it did 5 years ago? 10 years ago? How do you meet the expectation to provide an individualized, person centered activity program without breaking the budget? Activities can and should play a major role in Fall Prevention, Weight Management, Psychotropic Medication Reduction and Behavior Management. This session will provide you with practical, budget friendly approaches to designing an activity program for your community that will become a vital part of the quality of life of the people you serve.

### Healthy Living for Your Brain and Body: Tips from the Latest Research | Breana Jones, LMSW

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

# Registration **INFORMATION**

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Name \_\_\_\_\_ Title \_\_\_\_\_

Administrator/Operator # \_\_\_\_\_ Nurse License # \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

*Needed for confirmation and handout link*

*\*Each individual must have a unique email address*

## **FEES**

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LeadingAge Kansas EDGE Club Members: **\$129.00**     LeadingAge Kansas Members: **\$169.00**     Non-Members: **\$189.00**

## Payment **INFORMATION**

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*Faxed registrations must be accompanied by a credit card number. All fees must accompany registration. Registrations will not be processed without fees. We do not provide refunds, however substitutions are welcome.*



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### **CONTINUING EDUCATION:**

This educational event has been approved for up to 7.0 continuing education hours in the core of Resident Care for Licensed Adult Care Home Administrators/AL Operators by the Kansas Department of Aging and Disability Services. Health Occupations and Credentialing approved provider number (LTS A0009).

LeadingAge Kansas is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 7.0 contact hours applicable for APRN, RN, LPN or LMHT relicensure. Kansas State Board of Nursing provider number: LTO102-1116.

### **PRINT YOUR OWN HANDOUTS:**

LeadingAge Kansas has a "print as needed" handout policy for our education. A few days before the conference, a link will be emailed to you, where you can access the handouts. Please be sure your correct email address is submitted on the registration form. Each participant should print out the handouts they need for the sessions they will attend.

### **REASONABLE ACCOMMODATIONS:**

LeadingAge Kansas will make reasonable efforts to make our events accessible to persons with disabilities. To request accommodations relating to a disability, please contact LeadingAge Kansas at (785) 233-7443 at least ten days prior to the event.